

Our Community Day Programs are available for young adults and mature aged people with disability who are looking for enjoyable and engaging programs in a safe and supported learning environment.

We offer tailored programs for people with moderate to complex disability support needs. Our wide range of group based programs are aimed to provide new experiences, learn new skills, meet new friends, increase independence - and overall just have a great time as a valued and active member of the community.

Our friendly staff are trained to support a variety of interests and personal goals. We offer regular daily or weekly options with accessible vehicles to both in-centre and community activities supported by caring staff who understand our participant's needs.

Our aim is to help develop a personalised plan and support you in achieving your individual goals. Our Community Day Programs can be chosen as part of your NDIS funded plan of supports.

Interested in learning more? Contact one of our friendly team members today.



**NADO®**  
Disability Services  
1300 738 229  
www.nado.org.au  
NDIS Provider No 4050001493

Changing Lives through Connected Communities

## Jamison town DAY PROGRAM

*A unique program offering interactive equipment, sensory support and skill building*

# Jamisontown DAY PROGRAM

Our Jamisontown Day Program provides a new and unique experience for young adults and mature aged NDIS Participants.

This program is held at Share My Ability, a Sensory Activity Centre - the first of its kind in the Penrith region. Participants will have full access to all of the features within this fully accessible centre including:

- Liberty Wheelchair Swing
- Accessible Trampoline
- Sensory Relax Room
- Interactive Touch Screens
- Interactive Projector
- Inflatable Bag Jump
- Interactive Jungle Wall
- Climbing Wall

A range of both internal and out of centre activities will also be available which include art, music, dancing, drama, fitness, cooking, outdoor recreation, shows, festivals and much more.

Our individual skill-building programs are designed to empower individuals by enhancing their specific abilities and NDIS goals.

These programs focus on personal development and growth, building on skills such as communication, everyday living, forming new friendships and increasing independence.

Activities will be person centred and suited to each individual. This exciting new day program is located at 57 Regentville Road and will be available Mondays, Wednesdays and Fridays from 9am - 3pm.



I support the

**ndis**

Call 1300 738 229 or visit [www.nado.org.au](http://www.nado.org.au)

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