

# NADO<sup>®</sup>

Disability Services



## COMMUNITY DAY PROGRAMS

*Engaging and enjoyable programs for young adults and mature aged people*

# COMMUNITY DAY PROGRAMS

Our Community Day Programs are available for young adults and mature aged people with disability who are looking for enjoyable and engaging programs in a safe and supported learning environment.

We offer tailored programs for people with moderate to complex disability support needs. Our wide range of group based programs are aimed to provide new experiences, learn new skills, meet new friends, increase independence - and overall just have a great time as a valued and active member of the community.

Located at multiple centres across Penrith, Katoomba, Lawson and St Marys, our friendly staff are trained to support a variety of interests and personal goals. We offer regular daily or weekly options with accessible vehicles to both in-centre and community activities supported by caring staff who understand our participant's needs.

Our aim is to help you to develop a personalised plan and support you in achieving your individual goals. Our Community Day Programs can be chosen as part of your NDIS funded plan of supports.

Interested in learning more? Contact one of our friendly team members today.



**NADO** ®  
Disability Services

1300 738 229

[www.nado.org.au](http://www.nado.org.au)

NDIS Provider No 4050001493

*Changing Lives through Connected Communities*